



University of Findlay

Doctor of Physical Therapy

Traditional DPT Program Weekend PTA to DPT Bridge Program

January 8, 2024

Dear Site Coordinator of Clinical Education and Clinical Instructors,

This new year will bring a big change in leadership, as I, **Dr. Deborah George**, will be retiring in March 2024. I have truly enjoyed the past twenty-seven years as the DCE of the PTA to DPT Bridge program. Back in 1995/1996, I had the opportunity to create a very unique program for our PT profession with Dr. Lisa Dutton, as our program Director. Over the years, I have enjoyed working with a wonderful group of Bridge students, teaching them multiple courses; mentoring them through their clinical experiences; and collaborating with their clinical faculty. I have also loved teaching the CI Credentialing course both at the basic and advanced levels, the annual APTA, Lunch and Learn webinars, and my Haitian students through *Institut Supérieur des Sciences Programme de Thérapie Physique*. I have produced over 35 peer reviewed presentations/publications with the most recent publication through collaboration with the OH KY CE consortium. I'll certainly miss working with such awesome clinical partners, such as you!

Our future DCE is **Dr. Robyn Wilhelm**, who is an alumna from UF's traditional DPT program, graduating 2002. I actually had taught Robyn's cohort of DPT students with the Neuromuscular I course, due to Dr. Dutton's leave of absence that year. Dr. Wilhelm earned her t-DPT from A.T. Still University in 2009 and is currently enrolled in the EdD program at UF. Dr. Wilhelm has been involved in PT education for 11+ years, serving as a PTA program Director and DPT Director of Clinical Education in Arizona. During her 20+ years of clinical practice, she has worked in the areas of outpatient, acute care, women's health and most recently owned and operated her private practice for 6.5 years, specializing in pelvic health. Her scholarly interest includes PT interventions and outcomes among the postpartum population, awareness and knowledge of pelvic health in the equestrian athlete, and online didactic teaching in PT education. She recently moved back to Ohio with her family to take on an academic position at UF. Outside of her work as a PT, you can find her spending time with her family and two dogs, reading, horse riding, gardening and watching the newest true crime docuseries. I know she will be a great asset to the bridge program!

The DCE for the Traditional DPT program will remain **Dr. Stefanie Anderson**. In collaboration with Dr. Robyn Wilhelm and Dr. Amy Both, she is planning another Lunch and Learn, next year. The topic will be the management of student perfectionism. Dr. Anderson looks forward to continuing to work with our clinical partners for our traditional program.

Students from both the TRAD DPT and PTA to DPT Bridge program have used the **new PT Clinical Performance Instrument (CPI) 3.0**. Their Clinical Instructors have voiced their general approval of this tool, especially with its time-saving efficiency. We appreciate their patience with utilizing this new tool, as the APTA continues to work out the technical challenges.

All students and Clinical Instructors will need to undergo training prior to the CE experiences; it's advisable for SCCE, as well. You may access the **CPI 3.0 training** at:

https://learningcenter.apta.org/p/CPI-3_CI-SCCE This training includes a narrated video, approximately 20-28 minutes in length. The videos allow participants to pause or rewind but does not allow them to fast forward. The assessment has 21 questions. Participants must score a 100% on the assessment to receive their certificate of completion. The assessment can be taken as many times as needed to achieve the passing score.

This system utilizes the APTA SSO and because of this, all will need to have an APTA account. However, this does not mean that users need to be APTA members. If a user already has an APTA account, they do not create a new one. Users can contact APTA Member Success to obtain their account information. If a user does not have an APTA account, they can create a free APTA account. The email address used and/or the APTA number received during account set-up will be required for completing the spreadsheet. Users can obtain their APTA number by logging in to www.apta.org, clicking My Profile, and locating the APTA ID number at the top of the My APTA page.

The DPT program **2023 accomplishments** have included the following:

- On May 9th, Dr. Stefanie Anderson, Dr. Amy Both, and Dr. Deborah George conducted a **OPTA Lunch & Learn webinar**, entitled *Managing Student Aggressive and Defensive Behavior following Feedback*. You can access the recording at: <https://www.findlay.edu/health-professions/physical-therapy/resources>
- **Fall Grand Rounds** this year offered 5 free CEUs and was a 5 hour on-campus event was held on October 28, 2023, by Mark Ramsey entitled, *Shoulder Rehabilitation Principles*. There were 32 participants present.
- The **OH KY CE consortium article**, entitled *An Exploration of Support for Clinical Education Partners* has been accepted for publication in the *Journal of Physical Therapy Education* and is currently in production. Investigators are Deborah George, Sean P. Gallivan, Amy Both, Carrie Clark Hawkins, Jamie Bayliss, Julie Crompton, Lynn English, Alexia Lairson, Beth Quinn, Trisha Renner, and Emily Reynolds. As a consortium we hope to strengthen our partnerships through endeavors such as this research project. For more information about the consortium, check out <https://www.okptce.com/>

Multiple **publications** including the following:

- Schroeder N. Evidence-based nutritional strategies to enhance athletic performance. *Strength and Conditioning Journal*. 2022; 44(2):33-44. doi: 10.1519/SSC.0000000000000642.
- Schroeder N, Anderson S. Guidelines to implement resistance training in the transfemoral and transtibial amputee. *ACSM's Health and Fitness Journal*. October 26, 2022.
- Durham A, Anderson S, Mierau A, Melnick SJ, Norton H, Vannatta R. Professionalism and safety of DPT students in first, full-time clinical experiences: accelerated hybrid vs. traditional programs. *Allied Health Journal*. April 2023.
- Anderson S, Decker A, Garlock T, Hammonds C, Morris H, Sowers B. Prevalence and predictive factors of impostor phenomenon among graduate students in healthcare-related programs. *Health Professions Education Journal*. April 28, 2023.

Multiple **presentations** at the International, National, and State levels by our faculty and students:

International level

- Dixon P, Drew E, McBride S, et al. OpenOFM: an open-source implementation of the multi-segment Oxford Foot Model. *Gait & Posture*. 2023;106:S49-S50. doi:10.1016/j.gaitpost.2023.07.063. Presented at European Society of Movement Analysis Annual Meeting in Athens, Greece. September 2023.
- Baker M, Buckley J, Peterson S, Scott P. Performance-based outcome measures used by physical therapists and their measurement properties following a total knee arthroplasty: a systematic review. American Congress of Rehabilitation Medicine Annual International Conference, October, 2023.
- Fleming Walsh S, Dabajeh A, Durst M, Pickworth-Chrusciel A, Spotts R, Van Seters L, Zelle K. Comparison of lower extremity muscles during balance in adults 30-70 years. American Congress of Rehabilitation Medicine. November 1, 2023.
- Fleming Walsh S, Allison A, Gerken K, Mostoller C, Richardson S, Stamm S, Zenker A. Effects of gluteus medius on balance and mobility of community dwellers. American Congress of Rehabilitation Medicine. November 1, 2023.

National level

- Schroeder N. Maintaining fitness during pregnancy: a case report analysis. American Association of Sports Physical Therapy Annual Meeting and Scientific Conference, September 2022.
- Anderson S, James D, Handlery K, Young A, Kahl D. Are DPT Students impostors? Identifying prevalence of impostor phenomenon and supports to prevent burnout. Educational Leadership Conference, October 2022.

- Anderson S, Durham A, Mierau A, Melnick SJ, Norton H, Vannatta R. Professionalism of DPT students in first, full-time clinical experiences. Education Leadership Conference, October 2022.
- Huber A, Verhoff D, Ohnmeiss K, Beilstein K, Gould C, Gillen L, Leonti A. An independent cadence retraining protocol with metronome augmentation increases cadence in novice and recreational runners. APTA Combined Sections Conference, February 2023.
- George D, Teitsma A, Escueta J, Parcus R, Richardson S, Sheridan N, Sekar P. Prevalence of Anxiety & Its Solutions Amongst DPT Students During a Pandemic. APTA Combined Sections Conference, Education Section, February 23, 2023.
- Verhoff D, Huber A. The effects of attentional focus on performance, perceived exertion, affect, and kinematics in recreational runners. American College of Sports & Medicine Annual Meeting, June 2023.
- Baker M, George D. Faculty perceptions of physical therapy bridge programs: a pilot study. Innovation Summit for Health Professions Education, June 2023.
- Schroeder N. Clinical Reasoning teaching strategies in health professions education: a review. Innovation Summit for Health Professions Education, June 2023
- Baker M, George D. Faculty perceptions of physical therapy bridge programs: a pilot study. Educational Leadership Conference, October 2023.

State level

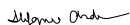
- Schroeder N, Batchelor S, Marburger C, Reibly M, Verbsky T, Werner P. The effects of a four-week home yoga program on the core strength and endurance of healthy adults. Ohio Physical Therapy Association Fall Conference, September 2022.
- Baker M, Buckley J, Peterson S, Scott P. Performance-based outcome measures used by physical therapists and their measurement properties following a total knee arthroplasty: a systematic review. OPTA Student and Clinician research symposium, November 2022.
- Anderson S, Both A, George D. Managing Student Aggression and Defensive Behavior Following Feedback. Ohio Physical Therapy Association Lunch and Learn. May 2023.
- Baker M, Gardner M, Machock M, Arft C, Schubert C. Four-square step test with and without dual tasks among older adults with and without a fall history. Ohio Physical Therapy Association, September 2023.
- Verhoff D, Huber A, Bostomsky B, Penner R, Potteiger C, Robertson C, Scarpelli I. The Impact of Attentional Focus on Lower Extremity Kinematics and Gluteal Activation During Exercise. Ohio Physical Therapy Association, Linking Evidence and Practice State Conference. Sept 2023.
- McBride S. The foot mobility magnitude measured in single leg stance is related to midfoot quasi-stiffness during gait. Ohio Physical Therapy Association Fall Conference, September 8, 2023. ***Awarded as Best Conference Poster 2023

- Huber A, Schroeder N, Verhoff D, Parsons, A, Bohn J, Bowman M, Holthaus A, Kirov A, Novak T, Winslow N. Exploring the Opportunities and Barriers of Implementing Health-Focused Physical Therapy Care. Ohio Physical Therapy Association, Linking Evidence and Practice State Conference. Sept 2023. ***Awarded as Best Conference Poster 2023


Please mark your calendars for the **upcoming continuing education opportunity;** **Research Forum** will be held on **February 1, 2024** from 4:00-6:00pm; the forum showcases platform and poster presentations by the DPT students of the Class of 2024. There will also be an upcoming Fall grand rounds, date and topics to be determined.

As Clay Bedford once said, "You can teach a student a lesson for a day; but if you can teach him to learn by creating curiosity, he will continue the learning process as long as he lives." We truly appreciate your ability to inspire our students to become lifelong learners that will ultimately promote the PT profession forward. Please let us know if there are ways in which we can provide additional support to you, our clinical partners.

Sincerely,



Stefanie Anderson, PT, DPT, OMT-C, DCE; Traditional DPT program



Deb George, PT, PhD, MS, DCE; WEC PTA to DPT Bridge Program



Robyn Wilhelm (Nov 29, 2023 10:29 EST)

Robyn Wilhelm, PT, DPT, DCE; WEC PTA to DPT Bridge Program



Amy Persson, BA, Experiential Educator