



Wellness and Health Promotion to Doctor of Occupational Therapy 3+3 Pathway

College of Health Professions

The University of Findlay offers a 3+3 Wellness and Health Promotion to the Doctor of Occupational Therapy (OTD) Program path. After 3 years of undergraduate coursework, students will enter the OTD Program. Students complete the first year of the OTD curriculum and earn a bachelor's degree in Wellness and Health Promotion. Students will continue coursework to earn a doctoral degree in occupational therapy.

A major in wellness and health promotion consists of an interdisciplinary program of study in which students will implement health assessments and wellness programs. The degree promotes scholarly inquiry and cultivates professionals capable of assisting others in developing self-responsibility for their own health and wellness through healthy, active lifestyles.

At the University of Findlay, the OTD Program prepares students to not only practice occupational therapy, but also fulfill leadership roles and advanced positions in the field. Occupational therapists assist individuals across the lifespan to develop, improve, sustain or restore daily living, work or productivity and play or leisure by using meaningful and healthy occupations.

The OTD program embodies principles of human occupation and incorporates community-based experiences and service learning to prepare occupational therapists who understand and value a community-focused and occupation-based approach to practice, and participate in ongoing professional development in preparation for service in diverse communities.

OTD Program Highlights

Three-Year Program - The OTD Program is a three-year program designed to be completed in nine consecutive semesters, including summers, with fieldwork integrated throughout the academic program. The third year of the curriculum consists of Level II Fieldwork and Doctoral Capstone Experience and Project.

OT Adaptive Living House - Students gain the knowledge and skills that are required to adapt home environments and devices that support individuals' day-to-day activities.

Early Assurance - High school seniors have the option to apply for Early Assurance, which holds a seat for them in the OTD Program while they complete their bachelor's degree at Findlay.

Accreditation Statement

The University of Findlay's entry-level occupational therapy doctoral degree program has been granted Accreditation with a 7 year review cycle by the Accreditation Council for Occupational Therapy Education (ACOTE) of the American Occupational Therapy Association (AOTA), located at 7501 Wisconsin Avenue, Suite 510E Bethesda, MD 20814. ACOTE's telephone number c/o AOTA is (301) 652-AOTA and its web address is www.acoteonline.org.

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Sample Curriculum

Year One

Fall Semester		Spring Semester	
General Psychology (C3,M)*	3 hrs	Alcohol and Other Drugs (M) (m)	3 hrs
Applied Mathematical Analysis (C)**	3 hrs	Integrated Statistical Analysis (P)*	4 hrs
An Integrated Approach to Science (C)**	3 hrs	Intro to Sociology (P)	3 hrs
Intro to Health Professions (C) (M)	1 hr	Creative Writing (C)**	3 hrs
College Writing II	3 hrs	First Aid and Care of Athletic Injuries (M)	2 hrs
Wellness: Strategies for Life (M)	3 hrs	Minor Course (m)	3 hrs

Year Two

Fall Semester		Spring Semester	
Anatomy & Physiology for Health Professions I & Lab (M) (P)	4 hrs	Anatomy & Physiology for Health Professions II & Lab (M) (P)	4 hrs
Intro to Culture: Bridging Differences (C)**	3 hrs	Lifespan Development (P) (m)	3 hrs
Intro to Writing for the Sciences (C)**	3 hrs	Conceptual Physics (C) (P)	4 hrs
Digital Literacy for the Sciences (C)**	3 hrs	Principles of Speech **	3 hrs
Minor Course (m)	3 hrs	Educational Strategies in Health Professions (M)	3 hrs
Intro to Exercise Technique (M)	1 hr		

Year 3

Fall Semester <i>Apply for OTD Program</i>		Spring Semester	
Structural Anatomy (M)	3 hrs	Biomechanics (M)	3 hrs
Physiology of Exercise (M)	3 hrs	Adapted Physical Education (M)	3 hrs
Human Nutrition (M) (m)	3 hrs	Health Care Ethics (m) or	
Intro to Philosophy (C)**	3 hrs	Psychology of Aging (C) (m)	3 hrs
Community & School Health Ed (C) (M)	3 hrs	Medical Terminology (M) (P)	3 hrs
Experiential Learning in HHP (M) (C)	3 hrs	Research Methods in HHP (M)	3 hrs
		Abnormal Psychology (P) (m)	3 hrs

Year 4

Summer Semester (OTD Curriculum)		Fall Semester (OTD Curriculum)	
Conceptual Foundations of OT	3 hrs	Health Conditions & Occupational Performance	3 hrs
Analysis of Human Occupation	2 hrs	Analysis & Assessment of Contextual Movement	3 hrs
Human Anatomical Structures	3 hrs	Clinical Practice in OT I: Concepts, Philosophy & Client Centered Care	4 hrs
		Research in Occupational Therapy	3 hrs

** = Recommended	m = minor
P = OTD Program Prerequisite	C = Core
M = Major	

Professional Curriculum Courses

- Clinical Practice in OT II: Biopsychosocial
- Evidence Based Practice
- Neuroscience
- Prof. & Contextual Issues in OT Practice I: Change Agent
- Prof & Contextual Issues in OT Practice II: Roles & Resp.
- Essentials of OT Practice I: Group Dynamics
- Research in Action I
- Professional & Contextual Issues in OT Practice III: Cultural Comp.
- Essentials of OT Practice II: Contemp. Instr. Strategies
- Research in Action II
- Doctoral Experience Orientation and Preparation I
- Level I Fieldwork in Occupational Therapy A
- Clinical Practice in OT III: Pediatrics
- Professional & Contextual Issues in OT Practice IV: Populations
- Research in Action III
- Clinical Practice in OT IV: Adult
- Doctoral Project
- Doctoral Experience Orientation and Preparation II
- Level I Fieldwork in Occupational Therapy C
- Essentials of OT Practice IV: Community, Health & Wellness
- Research in Action IV
- Level I Fieldwork in Occupational Therapy B
- Essentials of OT Practice III: Theories, Context & Evidence
- Clinical Practice in OT V: Geriatrics
- Essentials of OT Practice V: Mgmt. & Leadership
- Occupational Therapy Level II Fieldwork A
- Occupational Therapy Level II Fieldwork B
- Doctoral Capstone: Experience
- Doctoral Capstone: Project